

**Healthy & Fit**  
healthyandfitmagazine.com



**WOLVERINE**  
ENGINEERS AND SURVEYORS



**Chevy Andrews**  
Mason, MI



Leslie Area  
Chamber of Commerce

PRESENT

# THE LESLIE 5K

FRIDAY, JULY 18, 7 P.M. • LESLIE, MICHIGAN  
**HIGH SCHOOL STUDENTS: BEAT THE FIRST MASTER, RECEIVE A SPECIAL AWARD**



**Edward Jones**  
Kerry Ferguson

**Chili Dinner, Walking tacos and other refreshments included with your entry**

**Donations will be accepted for all others • Proceeds to Benefit the Leslie Outreach Food Bank**

**Thanks to: Healthy & Fit Magazine, Leslie Area Chamber of Commerce, Everal Race Management, Edward Jones/Kerry Ferguson**

**Course:** A Flat, well marked course on local roads beginning at Leslie High School back parking lot  
**Location:** Leslie High School 4141 Hull Rd, Leslie, Mi 49251. Between Jackson and Lansing MI. Take Bellevue exit then east on Bellevue to light. Turn Left onto Hull Rd. Go 1/2 Mile to Leslie High School on right.

**Pre Registration** At Playmakers Store in Lansing or postmarked by July 14 2008--  
5k \$18.00 Day of \$23.00 All entries include a T-shirt while supplies last  
2 Mile Walk and 1 Mile Fun Run \$10.00 / Day of \$15.00  
Leslie Dash 1/4 Mile \$3.00 (Nice Medals to Leslie Dash participants) / Shirts \$5.00 additional

**Packet Pick-Up** JULY 17, 6 to 7:30 p.m. and July 18 noon until races begins at starting line High School back parking lot  
6:45 pm 1 Mile Fun Run- Ribbons to all - Not scored but clock set up  
7:00 pm 5K Run ( Warm up by running the 1 Mile with your 5K registration)  
7:00 pm 2 Mile Walk- Ribbons to all , not scored  
7:45 pm 1/4 Mile Leslie Dash (12 and Under) not scored.  
8:00 pm 5K Awards Trophies to Overall, Masters (40+), Grandmasters, (50+) and Trophies to first in each age group.  
Medals to second and third. Awards to any highschoolers that run faster than our Masters runners.

**5K Age Groups** -12, 13-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+  
Timing provided by Everal Race Management [www.everalracemgt.com](http://www.everalracemgt.com)

**Race Results** [www.everalracemgt.com](http://www.everalracemgt.com) [www.playmakers.com](http://www.playmakers.com) and [www.runmichigan.com](http://www.runmichigan.com)

**Race Directors** JD & Chere' Pepper 517-589-5252 [7pepper@sbcglobal.net](mailto:7pepper@sbcglobal.net) [www.cherepepper.org/5k](http://www.cherepepper.org/5k)  
\$5.00 discount to all Ann Arbor Track Club Members

Make Checks Payable to and mail to: **Leslie 5k PO Box 556 Leslie Mi 49251**

Postmarked by July 14 2008 5K \$18.00 Day of \$23.00 2 Mile walk & 1 Mile fun run \$10.00 Day of Race \$15.00  
1/4 mile Leslie Dash \$3.00 ( 12 and under ) with Shirt \$8.00 AATC Number \$5.00 Off

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_ High School Attending This Fall/Grade: \_\_\_\_\_  
5K \_\_\_\_\_ 2 Mile Walk \_\_\_\_\_ 1 Mile Fun Run \_\_\_\_\_ 1/4 Mile Leslie Dash \_\_\_\_\_  
Sex (circle one) M F Age on race day \_\_\_\_\_ SHIRT SIZE YXL S M L XL

Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against the Leslie Township, Leslie High School, The Leslie Outreach and all their departments, Healthy & Fit Magazine, all sponsors, race directors, managements organizations for any injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit.

SIGNATURE

DATE